

Together with my wife and our 3 children, we joined the Northumberland community in August of 2017 having moved to Cobourg from Bowmanville.

I have been playing, coaching and managing all manner of minor and recreational sports for 45+ years (youth and adult). I have been on various boards and committees, professional and community based, both in leadership and support roles. For 32 years, I had the pleasure of serving the people of Canada as a soldier in the Canadian Army. I deployed to Sierra Leone in 2011–2012, to lead an internationally comprised, British Task Force. Upon retirement from the Canadian Armed Forces I was leading a Brigade Group of 2,000 troops in Eastern and Northern Ontario.

My day job has me developing, encouraging and leading approx. 650 maintainers at one of our Nuclear Power Plants. My passion for leadership development and team building is only surpassed by the joy of moulding young minds through minor sport – fostering teamwork before self / developing the attributes and disciplines of good Canadian citizens (task orientation / importance of being on-time with kit and equipment in good order / respect for self and others / support to community through fundraising and supporting peers inside and outside the organization etc.) while guiding and nurturing a healthy lifestyle.

Since our move to Cobourg, two of our children have played hockey in the NMHA and lacrosse in the NMLA. I have been very fortunate to be a part of the coaching staff for many of the teams my children have played on over the last 15 years. I was a member of the Clarington MLA executive.

Currently, I am an assistant coach / trainer on one of our Nighthawks teams (2nd year), and am stoked to see the individual and team development begin.

v/r  
Derek Munroe

Leadership is action, not position